

March 2016

Dear Volunteer Knitter:

Once again, we here at Mount Sinai Hospital would like to express our gratitude for your ongoing efforts to provide beautiful knitted and crocheted goods for our babies.

As you might recall, we no longer are able to use knitted items in our Neonatal Intensive Care Unit.

In our efforts to make the best use of your valuable time and generosity, we would like to respectfully request that you create only the items listed below and/or the items that we have supplied patterns for:

Bereavement – All items for bereavement should be solid coloured, in subtle or pastel shades only – white, pink or blue. White is our most requested colour. Baby wool or soft fabric only please:

- Small to medium blankets (20" x 20" and up)
- Small and medium matching sweater/gown sets (gown or sweater, cap, booties)

Unfortunately these are the most requested.

A new venture which we have embarked on is for our patients undergoing chemotherapy. I have included patterns for PICC Line covers and chemo caps, both knitted and crocheted. These are in great demand and the patients are ever so grateful to receive them. As soon as they are put in the basket, they seem to disappear. One lady came up to us and expressed her deep appreciation for this – it gave her so much pleasure to have something warm on her head that was both colourful and pretty.

We are also cherishing the "hug-a-shrugs" and lap blankets created for our adult population. Patterns are also included for these as well.

As always, volunteer knitted items are treasured by our families, and patients, and as volunteer knitters, you are very much a part of the excellent care we give at Mount Sinai Hospital.

Please feel free to contact us if you have any questions about our needs. Again, thank you for your incredible contribution.

Sincerely,

Joanne Fine-Schwebel
Director

Adult Knitted PICC Line Covers

Pattern from Popupwoolshow

Knit Patterns:

Needles: Set of 4 double pointed needles in size 5 or size 6 (or 2 circs if you prefer for working in round)

Gauge: not terribly important, but try to get close 4 – 4.5 stitches = 1 inch in stockinette stitch

Sizes: The 2 x 2 ribbing should allow for a great deal of stretchiness and fit many shapes and sizes. Please make sure to make adult covers 8 – 10 inches long.

Directions:

Cast on 48, 52 or 56 stitches LOOSELY (use a larger needle if necessary).

Join, make sure stitches aren't twisted and place marker.

Knit 2, Purl 2 repeat around.

Continue to knit 2, purl 2 until tube measures between 8-9 inches for adults.

Bind off loosely.



Basic Chemo Cap

Use worsted weight yarn and 5" double-pointed needles. 5 stitches = 1 inch.

Cast on 70 stitches and K1 P1 for three rows (stockinette stitch) for band. Add 18 stitches evenly across row = 88 stitches (if using diamond pattern, 84 stitches).

Knit evenly for four inches.

Next row: K9, K2 together.

Row 2: Knit

Row 3: K8, K2 together

Row 4: Knit

Row 5: Knit 7, K2 together

Row 6: Knit

Row 7: Knit 6, K2 together

Row 8: Knit

Row 9: Knit 5, K2 together

Row 10: Knit

Row 11: K4, K2 together

Row 12: Knit

Row 13: K3, K2 together

Row 14: K

Row 15: K2, K2 together

Row 16: K1, K2 together

Row 17: K2 together



Cut yarn and loop over neighbouring stitch, then weave through stitches to hide (do not tie a knot as this irritates sensitive skin).

Variations:

- Alternate rows of complementary or contrasting colours.
- Knit one row in eyelet (knit 2 together, yarn over, knit 2, repeat) and leave open or draw a complementary or contrasting ribbon through the openings
- Checkerboard: (O=cap colour, X=trim colour)

Row 1 & 2: XXOOXXOOXXOOXXOO repeat across row

Row 3 & 4: OOXOOXXOOXXOOXX repeat across row

Row 5 & 6: XXOOXXOOXXOOXXOO repeat across row

- Diamond pattern (show above – use 84 stitches for this pattern)

Row 1: OOOXOOO repeat

Row 2: OOOXXOO repeat

Row 3: OXXOXXO repeat

Row 4: OOOXXOO repeat

Row 5: OOOXOOO repeat

Crochet – Chemo Cap

Size: The instructions are given for one size, which will fit an average adult's head.

Gauge: 14 hdc and 10 rows = 4" (10 cm).

Materials:

Any soft double-knitting yarn (Red Heart Soft and Caron are recommended)

5 mm crochet hook (US H/8) or size needed to obtain

Note: The ch2 at the beg of each round does not count as a stitch.

Start with a magic circle. Ch2.



Round 1: Do 8 hdc into the circle and join to the top of the ch2 with a sl st.

(If you are not familiar with the magic circle, you can start with the ch 4, join with a sl st to the first ch to form a ring. Ch 2. Do 8 hdc in the ring and join to chain with a sl st.)

Round 2: Ch 2. 2 hdc in each hdc around. Join with a sl st to top of the ch 2. (16 hdc)

Round 3: Ch 2. (2 hdc in next hdc. 1 hdc in next hdc) 8 times. Join with a sl st to ch 2. (24 hdc)

Round 4: Ch 2. (2 hdc in next hdc, 1 hdc in each of next 2 hdc) 8 times. Join with a sl st to ch 2 (32 hdc)

Round 5: Ch 2. (2 hdc in next hdc, 1 hdc in each of next 3 hdc) 8 times. Join with a sl st to ch 2.(40 hdc)

Round 6: Ch 2. (2 hdc in next hdc, 2 hdc in each of next 4 hdc) 8 times. Join with a sl st to ch 2 (48 hdc)

Round 7: Ch 2. 1 hdc in each hdc around. Join with a sl st to ch 2.

Round 8: Ch 2. (2 hdc in next hdc, 1 hdc in each of next 5 hdc) 8 times. Join with a sl st to ch 2 (56 hdc)

Round 9: Same as Round 7.

Round 10: Ch 2. (2 hdc in next hdc, 1 hdc in each of next 6 hdc) 8 times. Join with a sl st to ch2 (64 hdc)

Round 11 – 22: Same as Round 7.

Fasten off.

To make the hat a little smaller, you can eliminate a few of the final rounds, or do them in sc instead of hdc.

Crochet Loopy Flower



Instructions are given for a large and a small flower which can be used separately or layered and stitched together to form a double flower to be affixed on to the Chemo Cap.

Larger Flower:

Make a magic ring. Chain 3.

If you are not familiar with the magic ring, start with ch 4 and join with a sl st to first ch to form a ring. Ch3.

The advantage of the magic ring is you can pull the ring tight to eliminate the 'hole' in the middle of the flower.

11 dc in the ring. If using the magic ring technique, pull the ring tight at this point.

(Ch 6, skip one dc, sl st into next dc) Repeat around circle, finishing with a slip stitch in the base of the original ch6.

Do 8 sc into each ch-6 loop. (Don't sl st in between loops; just move on to the next loop). Fasten off after last loop, leaving a long tail of yarn if you wish to sew the flower to a hat.

Smaller Flower:

Begin with a ring, as for the larger flower. Ch 1.

11 sc into the ring.

(Ch4, skip one sc, sl st into next sc). Repeat around circle, finishing with a sl st in the base of the original ch4.

Do 6 sc into each ch-4 loop. (Don't sl st in between loops; just move on to the next loop). Fasten off, leaving a tail of yarn for sewing to the larger flower if desired.

Knitted Ribbed Hat/Toque

Because this hat is knitted in 2 x 2 ribbing (K2 P2) it stretches considerably to fit a small-medium adult head. If you wish to make it larger, cast on additional stitches (in multiples of 4 to maintain 2 x 2 ribbing), and make it a bit longer from bottom edge to finish.

Materials: Soft double-knitting yarn, Red Heart Soft and Caron are good choices. Four 5.5mm double-pointed needles or a short (16") 5.5 mm circular needle. If using a circular, you may have to switch to dpn's for the decrease rows. Hat may also be worked on two needles, and the back seam sewn up.

Cast on 80 stitches (or 84, 88 or 92 if you wish to make hat larger).

Work in K2 P2 ribbing for 6 ½ - 7".

Begin decreasing, maintaining the ribbed pattern:

Row 1: K2 P2 tog. Repeat to end of row.

Rows 2 – 4: K2 P1 across as stitches present, to maintain ribbed pattern.

Row 5: K2 tog, P1. Repeat to end of row.

If using a circular needle, you may have to switch to double-pointed needles at this point.

Row 6: K1 P1 across as stitches present, to maintain ribbed pattern.

Row 7: K2 tog to end of row.

Repeat row 7 until 5 or 6 stitches remain.

Cut yarn, leaving a tail for sewing back seam if necessary.

Thread tail through remaining stitches, pull securely and darn in ends.



Shoulderette

Materials: 4 1- Ounce Balls Zephyr.

Needles: 1 Pair No. 3 Knitting Needles (for ribbing)

1 Pair No. 6 Knitting Needles.

Scale: 1 pattern to 1 ¾ inches

PATTERN ST:

Multiple of 12 sts, 10sts each side worked in Garter St
for border.

Row 1 - K 10, P across row, ending K 10.

Row 2 - K across row.

Row 3 - K 10, P across row, ending K 10.

Row 4 - K 10, *Y 0, P 2 tog, repeat from * across row, ending K 10.

Row 5 and 6 - K across row.

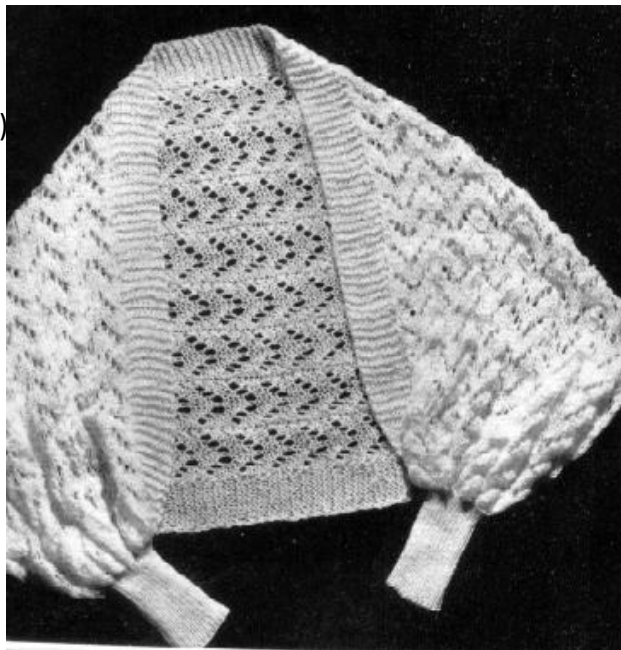
Row 7 - K 10, P across row, ending K 10.

Row 8 - K across row.

Row 9 - K 10, * Y 0, K 4 , slip 1 , K 2 tog P S S 0, K 4K Y 0, K 1, repeat from * across
row, ending K 10.

Row 10 - K 10, P across row, ending K 10

Repeat Rows 9 and 10, five times more.



Repeat these 20 rows for pattern. With No. 3 Needles, cast on 58 sts and work in K 1, P 1 ribbing for 4 inches.

Next row, increase 1 sts in each st across row (116 sts) and K 1 row. Change to No. 6 Needles and work in pattern for 46 inches (18 complete patterns – ending with first 8 rows of pattern). Now change to No. 3 Needles and K 2 tog across row (58 sts on needles). Work in K 1, P 1 ribbing for 4 inches. Bind off. Sew seams at cuffs.

SHAWL WITH COLLAR



1 Ball Bernat Worsted Acrylic – 4 ply yarn – 14 oz. (some will be left over)

(Cheapest at WalMart \$ 7.74) – 6 ½ mm needles (you can use any four ply wool, but I found this work well and the cheapest.)

Abbreviations – K-Knit, P-Purl, WYIF- with yarn in front, SLIP 1 – slip one stitch

Cast on 59 stitches

Border Pattern – Knit 12 rows of Linen Ridge

Row 1 – (K 1, WYIF, SLIP 1) repeat to last stitch, K1

Row 2 – Purl

Row 3 – K1, (K1, WYIF, SLIP 1) repeat to end of row

Row 4 – Purl

Repeat first four rows 3 times to equal 12 Linen rows

BODY PATTERN: Basically, you need to keep 8 stitches at start and end of each row in the Linen Ridge Pattern. Then the remaining 43 stitches, between the 2 borders, in Purl Ridges – as follows:

Row 1 – (K1, WYIF, SLIP 1) 4 times: K43 (WYIF, SLIP 1 K1) 4 TIMES

Row 2 – Purl

Row 3 – K1 (K1, WYIF, SLIP 1) 3 TIMES, K1: (K1, P1) to last 9 stitches. K1, (K1, WYIF, SLIP 1) 3 TIMES, K2

Row 4 – Purl

Repeat these four rows until piece measures about 17 inches from the beginning (approximately 18 Purl Ridges)

Continue in same body pattern except eliminate the linen pattern at the end of the pattern row (as this is where the collar will be attached and you do not want the linen pattern on that side (The collar will be linen pattern)

Keep the linen pattern in the beginning side of the needle.

Continue with one side linen pattern for another 37 inches (approximately 46 purl ridges).

Now – Continue as first Body Pattern – putting back Linen Pattern on the end of your needle (last 8 stitches) to match the first side before the collar piece.

Continue for 17 inches to match the first side. Then make Linen Border – 12 rows to match the first half. Cast off.



Tiny Angel Gown

Submitted by Christine M Woolley

Many thanks to Chris for this little burial gown pattern with cap sleeves and eyelet swirled yoke. This gown will fit a tiny angel up to an approximately weight of 1lb and a length of 6" (15cms).

25 g white 4 ply yarn
 3.25 mm needles
 60 cms (24") narrow white ribbon
 To fit chest 18 cms (7")
 Approx. Length 20 cms (8")
 Tension 28 sts and 36 rows = 4" (10 cms)

Begin at the neck edge and cast on 27 stitches loosely.

Rows 1 to 4 : Knit.

Row 5: K4, (k2, yfwd) 8 times, k7. (35 sts)

Row 6: K4, purl to last 4 sts, k4.

Row 7: K4, (k3, yfwd) 8 times, k7. (43 sts)

Row 8: K4, purl to last 4 sts, k4.

Keeping the 4 stitches at each end of each row in garter st, continue in stocking stitch, increasing as set, until there are 75 stitches. The last increase row will be:

Row 15: K4, (k7, yfwd) 8 times, k7. (75 sts)

Row 16: Knit.

Row 17: Knit.

Row 18: Knit

Row 19: K11, cast off 15, k22, cast off 15, k10. (45 sts)

Row 20: K4, purl to last 4 sts, k4.

Row 21: Knit.

Row 22: K4, purl to last 4 sts, k4.

Row 23: K4, m1, by picking up the loop between the last and next stitches and knitting into the back of it, (k1, m1) to last 4 sts, k4. (83 sts)

Continue in st st with garter st borders until work measures approx. 7½" from cast on. (51 rows st st)

Work 5 rows garter st. Cast off.

Cut the ribbon into 4 pieces and sew 2 pieces on either side of back edges at the neck and bottom of the yoke.

Variations:

A small pattern can be used on the skirt but please avoid lacy patterns unless you are going to line it.

A ribbon rose or other small embellishment may be added.

White is the preferred color but other pastels could be used.

NEO-NATAL SIZE KNITS

Materials: Baby yarn and 3 mm or 3.25 mm (old UK 10) needles

Colours: White, pastel pink and blues

Abbreviations: st(s) = stitch(es) Rib = K1, P1 K = Knit P = Purl
 tog = together Rep = repeat

Blanket: Knit a square, approximately 20 inches x 20 inches

Bonnet: Cast on 48 sts. Rib 6 rows, K 17 rows.
 To shape crown: Row 1: *K2tog, K10*, rep to end (4 decreases in row)
 Row 2: *K2tog, K9*, rep to the end of row. Continue working 4 decreases every row until 20 sts remains.
 Break yarn up through the 20 sts on needle, pull tight
 Sew seam for 1 inch (2.5cm)

Booties: Cast on 24 sts and rib for 8 rows
 Knit 16 sts, turn.
 Knit 8sts, turn, 6 times (flap for top of foot). Do not break wool.
 With left hand needle, pick up 5 sts from 2nd side of flap, K to end of row (35sts).
 K8 rows. Cast off. Sew up on wrong side to make bootie.
 Make 2nd to match.

Cardigan: Knit in 1 piece from neck down with raglan style sleeves.
 Cast on 44sts. *K3 (band), rib 38 sts, K3 (band* Repeat 3 more times)
 Row 5: K3 (band), K5 (front) , yo, K1, yo, K8 (sleeve), yo, K1, yo, K8 (back), yo, K1, yo, K8 (sleeve), yo, K1, yo, K5 (front), K3 (band)
 Row 6: K3, purl to last 3 sts, K3.
 Row 7: K1, yo, K2tog (buttonhole), K6 yo, K1, yo, K10, yo, K1, yo, K10, yo, K1, yo, K10, yo, K1, yo, K6, K3.
 Row 8: As Row 6.
 Continue increasing as established, knitting extra stitches into the fronts, sleeves and back.
 When 8 increases have been completed, with right side facing, work across the front, including the extra stitch in the middle of the increasing. Work back and forth in stocking stitch over the 24 sleeve stitches for 12 rows.
 Rib 4 rows and cast off in ribbing. Leave a tail long enough to sew the sleeve seam.



Jenny's Tiny Knitted Burial Gown

This gown is knitted in 4-ply wool using 3.25mm needles. Begin at the neck edge and cast on 24 stitches loosely (this is important, to allow a little give at the neck edge).

Knit one row.

Next row: K1 yfwd K2tog repeat to end of row [please note if you prefer to sew ties at neck instead of threading ribbon through the holes then omit this row]

Next row: k, placing markers for the increases to shape the bodice, as follows: K4, place marker, K4, place marker, K8, place marker, K4, place marker, K4.

Next row: Begin increases: K3, [inc. in next stitch] twice, K2, [inc. in next stitch twice], K6, [inc. in next stitch] twice, K2, [inc. in next stitch] twice, K3.

Next row: K2, P to last 2 sts, K2

Keeping the 2 stitches at each end of the row knit, continue in stocking stitch, increasing into the stitches either side of the marker, as set, until there are 72 stitches. The last increase row will be:

K8, [inc. in next stitch] twice, K12, [inc. in next stitch] twice, K16, [inc. in next stitch] twice, K12, [inc. in next stitch] twice, K8.

Next row: K2, P68, K2

Next row: K10, [yfwd K2tog] 8 times, K20, [yfwd K2tog] 8 times, K10.

Next row: K2, P68, K2

Next row: K10, cast off 16, K19, cast off 16, K to end [40 sts]

Continue with the skirt by working straight across these stitches

[Please note the next 3 rows to be used if you want to thread ribbon through holes]

Next row: Knit

Next row: K1 yfwd K2tog, * K2 yfwd K2tog repeat from * to last stitch K1

Next row: Knit

[If you prefer to sew ties at waist then omit last three rows and your next row will be K2, P36, K2

Next row: Knit into front and back of every stitch [80 sts.]

1st pattern row: k4, P72, K4

2nd pattern row: k4, *[K2tog] 3 times, [yfwd, K1] 6 times, [K2tog] 3 times, repeat from

* to last 4 sts, K4

3rd pattern row: Knit

4th pattern row: Knit

Repeat these 4 pattern rows [or a pattern of your choice] until the skirt measures 5 inches.

Work 3 rows knit Cast off.



Cuddles Knitted Burial Gown

The smallest babies really can't wear thicker yarns, so this gown needs to be worked in either 3 ply, or 4 ply. It can be worked on 3mm or 3.25mm needles, whichever you prefer – the only difference it will make is to affect the size slightly.

Begin at the neck edge and cast on 30 stitches loosely [this is important, to allow a little give at the neck edge] .

Knit one row.

Next row: k, placing markers for the increases to shape the bodice, as follows: k5, place marker, k5, place marker, k10, place marker, k5, place marker, k5.

Next row: Begin increases: k4, [inc. in next stitch] twice, k3, [inc. in next stitch] twice, k8, [inc. in next stitch] twice, k3, [inc. in next stitch] twice, k4

Next row: k2, p to last 2 sts, k2

Keeping the 2 stitches at each end of the row knit, continue in stocking stitch, increasing into the stitches either side of the marker, as set, until there are 86 stitches. The last increase row will be:

K10, [inc. in next stitch] twice, k15, [inc. in next stitch] twice, k20, [inc. in next stitch] twice, k15, inc. in next stitch] twice, k 10.

Next row: k2, p82, k2

Next row: k12, [yfwd k2tog] 10 times, k23, [yfwd k2tog] 10 times, k11

Next row: k2, p82, k2

Next row: k12, cast off 19, k23, cast off 19, k to end [48 sts]

Continue with the skirt by working straight across these stitches

Next row: k2, p44, k2

Next row: Knit into front and back of every stitch [96 sts]

1st pattern row: k3, p90, k3

2nd pattern row: k3, *[k2tog] 3 times, [yfwd, k1] 6 times, [k2tog] 3 times, rep from

* to last 3 sts, k3

3rd pattern row: Knit

4th pattern row: Knit

Repeat these 4 pattern rows [or a pattern of your choice until the skirt measures 7"/18cm

Work 3 rows knit. Cast off.

Add a tie to the neck edge, and at the base of the bodice to finish off



Crochet – Cuddles Gown



This is a basic burial gown; you could change the skirt pattern to give some variety if you wanted. It is worked in **4ply or 3 ply baby yarn**. You will find that double knitting is too bulky for the smaller babies. You will notice that the **sleeve seam is left unstitched, as is the back seam**. This is to make the gown easier to put on – it can be difficult for the parents/nursing staff to dress fragile little ones in more traditional clothes.

Start at the top, using a 3.5mm [F] hook, loosely chain 32.

Row 1: Half treble into 3rd ch. from hook, half treble into each of next 3 ch., [2 half treble, ch., 2 half treble] into next ch., *half treble into each of next 6 ch., [2 half treble, ch., 2 half treble] into next ch *. Repeat from * to * twice more, half treble into each of last 4 ch. Turn

Rows 2 - 4: ch2. *Work half treble into each space of previous row until you get to a ch. space. Work 2 half treble, ch., 2 half treble into each ch. space. Repeat from * across the row. Turn.

Row 5: ch.2 *Work half treble into each space of previous row until you get to the ch. Space. Work 1 half treble, 1 ch., 1 half treble into each chain space. Repeat from * across the row.

Row 6: [This row makes the armholes] ch. 2. Work half treble into each stitch till you get to the first ch. space. Half treble into this space. Skip all the stitches up to the next ch. space, half treble into this ch. space. Work half treble into each stitch until you get to the next ch. space. Half treble into this ch. space. Skip all the stitches up to the next ch. space, half treble into this ch. space. Half treble into each stitch to the end of the row. Turn.

Row 7: ch. 2. * half treble into each of next 3 stitches, 2 half treble into next stitch*. Repeat from * to * across the row. Turn

Row 8: ch. 3. *1treble, 1ch. 1 treble into next stitch skip one stitch* across the row, end with 1 treble into turning chain. Turn

Rows 9 – 27: ch. 3. Work 1 treble, 1 ch. 1 treble into each [1tr.,1ch., 1tr] group of previous row. 1 treble into turning chain. Turn.

Fasten off yarn, or add an edging row if you would prefer.

Sleeves: [optional] Join yarn at the ch. space under the arm. Work 4 rows of half trebles, [one half treble into each stitch of previous row] turning at the end of each row, so the sleeve is open underneath. Fasten off.

Neck edge and fastening: ch. 40 to make a fastening thread, then work one double crochet into each stitch of the neck edge, to the end of the row. ch. 40 fasten off. Work another length of chain long enough to thread at the top of the skirt and fasten at the back [or thread a piece of narrow ribbon to fasten]

For a smaller gown you could work the bodice in double crochet instead of half trebles, and omit three or four rows from the skirt.

BEAUTIFULLY SIMPLE KNITTED BLANKETS FOR CUDDLES

Please remember that white, cream, or pale past colors are the most suitable for Cuddles.

Using 4 ply and 3.25 mm needles (Old UK size 10) or DK and 4.00 mm needles (Old UK size 8)

Abbreviations: st(s) = stitch(es) Rib = K1, P1 K = Knit P = Purl
 tog = together Rep = repeat

Blanket 1: Cast on 100 sts
 K every row until the blanket is square. (Garter stitch)
 Please make sure that these measure 20 inches x 20 inches.

Blanket 2: Cast on 100 sts.
 Row 1 – 8: K
 Row 9: K
 Row 10: K6, P to last 6 sts, K6.
 Repeat rows 9 & 10 until the blanket is nearly
 square, then:
 K8 rows
 Cast off

Blanket 3: Cast on 100 sts.
 Row 1 – 8: K
 Row 9: K6, (K2, P2) to last 6 sts, K6
 Row 10: K6, (K2, P2) to last 6 sts, K6.
 Row 11: K
 Row 12: K
 Repeat rows 9-12 until the blanket is almost square, and then repeat rows 9 and 10
 once.
 K8 rows



Aunt Jen's Sweater



About 3-4 ounces of Red Heart TLC 3 ply baby yarn. Use hook size F for large preemie to newborn, G for 3 to 6 months. For 6 to 9 months, use hook size H & 4 ply soft baby yarn. Using thicker yarn and/or larger hooks will increase the size.

Use buttons and/or ribbon down the front to close.

Variation: Use contrasting color for edging, around end of sleeves & edging on cap.

(Shell consists of 2 DC, CH 1, 2 DC)

SWEATER: Starting at neckline, CH 38 loosely.

Row 1: SC in 2nd CH from hook & in each CH to end. (37 stitches)

Row 2: CH 2, turn (counts as 1st DC now & throughout) 1 DC in each of the next 4 ST, (3 DC in next ST- (DC INC. made), 1 DC in each of the next 7 ST, DC INC., 1 DC in each of the next 9 ST, DC inc., 1 DC in each of the next 7 ST, DC INC., 1 DC in each of the last 5 ST. (45 stitches)

Row 3: CH 1, turn. SC in each ST, with increases of 3 SC - (sc inc. made) in the middle DC INC. (53 stitches)

Row 4: CH 2, Turn. DC in each ST, with increases of 3 DC in the middle SC INC. (61 stitches)

Row 5-9: Repeat rows 3 & 4, ending with row 3. (Row 9 totals 101 stitches)

Row 10: CH 1, turn. SC in first 13 ST, SK 24 ST, (1st armhole made) SC in next 27 ST, SK 24 (2nd armhole made) SC in last 13 ST.

Row 11: CH 2, Turn. 1 DC in next ST, SK 1 ST., (2 DC, CH 1, 2 DC) in next ST (shell made), SK 1 ST, 1 DC in next ST, repeat across, DC in last 2 ST.

Row 12-15: CH 2, turn. 1 DC in next ST, Shell in each Shell, increase to 2 DC between Shells across to end, 2 DC in last 2 DC, CH 2 turn.

Rows 16-19: Same as above, but increase to 3 DCS between shells across to end (or until desired length) ending on wrong side.

Last Row: Make sure this is the right side - Crochet 5 DCs in each shell, DC in next group of 3 DCs across. Do not fasten off.

EDGING: CH 1, SC up right front opening, around neckline, & down left front opening, 3 sc in corner ST, sc around hemline, 2 SC in same as 1st SC, join with SL ST. Fasten off.

SLEEVE: With right side facing, attach yarn at bottom of armhole, CH 3.

Row 1: Make Shell in 2nd SC, SK 2, 1 DC in next ST, SK 2, repeat around armhole to last SC, SL ST in top of CH 3 to join.

Row 2-7: CH 3, turn. Repeat Row 1, but with increase of 2 DC in each DC.

Row 8: CH 3, Turn. Repeat Row 1, decreasing to 1 DC in each 2 DC space.

Row 9: CH 1, turn. SC in same ST, SK 1 ST, across (15 ST)

Row 10: CH 1, turn. SC in each SC across, join & fasten off.

CAP: CH 4, join to form circle.

Row 1: CH 3, turn. (Counts as 1st DC) 11 DC in circle, join. (12 ST)

Row 2: CH 1, turn. 2 SC in same ST & in each ST around, join. (24 ST)

Row 3: CH 3, turn. 1 DC in next ST, *2 DC in next ST, around, join. (36 ST)

Row 4: CH 1, *1 SC in first 6 ST, 2 SC in next ST, around, join. (41 ST)

Row 5-20: Alternate rows of DC's & SC's without increases until cap is about 5 " long for newborn to 3 months, 6" long for 3 to 6 months, & 7" for 6 to 9 months.

Row 21: CH 3, turn. SK 1 ST, Shell in next ST, SK 1 ST, DC in next ST to end. Join with SL ST to top of CH 2. Fasten off & add buttons or ribbon to finish.

Baby Set to fit 4-5lb. Baby

4 ply yarn, size 10 needles (3.25)

Finished jacket weight 30 gms (3/4 oz.) and measures approximately 13" around chest.

Finished set weight 35 gms. (1 1/4 oz)

Jacket: Cast on 93 sts. Knit 5 rows

Proceed in pattern as follows:

1st row: K5 (yarn round needle P1 P3tog P1 Yon K1) to last 4 sts K4

2nd row: K4 purl to last 4 sts K4

3rd row: Knit

4th row: same as 2nd – K4 purl to last 4 sts K4

Repeat last 4 rows until work measures 11.5 cm (4.5 ins.) ending after a wrong side row

Knit 2 rows

Divide for armholes as follows making a buttonhole on first row

K2 yarn forward K2 tog K19 Cast off 4 sts K39 including st on needle. Cast off 4 sts

Knit to end.

Continue in stocking stitch with garter stitch border (every row knit) on first set of sts as follows:

1st row: K4 purl to end

2nd row: K1 Slip1 K1 pass slip stitch over knit to end

Repeat last 2 rows until 15sts remain finishing at neck edge.

Next row: K4 sts and slip on to a safety pin. Cast off next 2sts and work to end Dec 1st at neck edge on next 3 rows, at the same time decrease at armhole edge as before, continue until 2 sts remain

Purl 2 tog.

Rejoin yarn to back sts purl to end

Next row: K1 slip 1 K1 pass slip stitch over, Knit to last 3 sts, K2 tog K1

Next row: Purl, repeat last 2 rows until 17 sts remain, leave on stitch holder for neckband

Rejoin yarn to remain in stitches, purl to last 4 sts, K4

Next row: K to last 3 sts, K2 tog K1

Continue as first side reversing all shaping and making buttonhole on 8th row

Sleeves: Cast on 26 sts and knit 5 rows

Continue in stocking stitch increase 1 stitch at each end of fifth row, and 1sts at each end of the two following 6th rows, 32 sts, continue to 9.5 cm (3.75 ins)

Cast off 2 sts at the beginning on next 2 rows

Next row K1 Slip 1 K1 pssso, knit to last 3 sts, K2 tog, K1

Next row purl

Continue as above 2 rows to 4 sts, and leave on safety pin for neckband

Neckband: Slip first 4 sts on needle, pick up and knit 10 sts from right front neck, 4 sts from top of sleeve, 17 sts from back, 4 sts from top of sleeve, 10 sts from left front neck, and 4 sts from safety pin, 53 sts.

Knit 5 rows making button hole on 2nd row, cast off.

Sew up armhole, sleeve seams, sew on 3 buttons.

Hat: Cast on 63 sts Knit 3 rows and continue in pattern as follows:

1st row K1* K1 yarn round needle P1. P3 tog P1 yarn over needle* repeat from * to last 3sts, K3

2nd row Purl

3rd row Knit

4th row Purl

Repeat last 4 rows 4 times more, and 1st and 2nd row once more

Shape crown

1st row K6* Slip 1 K2 tog pass slip stitch over, K5 repeat from * to last stitch K1

2nd row Purl

3rd row K5* Slip 1 K2 tog pass slip stitch over, K3 repeat from * to last two stitches K2

4th row Purl

5th row K4* Slip 1 K2 tog pass slip stitch over, K1 repeat from * to last four stitches

6th row Purl

7th row K3* Slip 1 K1 pass slip stitch over, repeat from * to end (13 sts)

8th row Purl

Draw up stitches and sew up seam.

You could leave part seam open, and attach ribbons if you wish.

Socks: No. 12 needles (2.75)

Cast on 26 sts loosely work 14 rows in K1 P1 rib

Change to No. 10 needles (3.25). Work 2 rows in stocking stitch

Shape Instep

1st row K17 turn

2nd row P8 turn. Working on these 8 sts knit 8 rows in stocking stitch. Break off yarn.

Right side facing, rejoin yarn to instep, pick up and knit 8 sts along side edge of instep.

Knit 8 sts off left hand needle, pick up, and knit 8 sts along other side of instep (42 sts).

Work 3 rows in stocking stitch

Shape foot.

1st row K1 K2 together K12, K3 tog, K6, K3 tog, K12, J2tog, K1 (36 sts)

2nd row Purl

3rd row K1 K2 together K10. K3tog, K4, K3tog, K10, K2tog. K1 (30 sts)

4th row Purl

Cast off



Knitting Pattern – Elegant Lap Rug (By Denise Sutherland)



An Easy Knit: suitable for beginners

Materials

- 8 x 50g balls of an Aran or Worsted weight / 10 ply wool blend. I used Paton's Inca, colour way 7008 (58 metres / 63 yards per ball). Inca is a 50% wool, 30% acrylic, and 20% alpaca blend.

You might want to choose a yarn that can be washed easily, especially if this is a gift for non-knitters who might just chuck it in the washing machine!

6 or 7 mm needles; an 80 cm circular needle works well (knitting back and forth, not in the round)

- 2 stitch markers
- Darning needle

Gauge: About 10 stitches: 10 cm / 4" — but gauge is not important (isn't that nice for a change?)

Finished size: About 70 x 120 cm (26" x 47")

Abbreviations

- **K** : knit
- **P** : purl
- **wyif** : with yarn in front

- **slip 1** : slip one stitch from the left hand needle to the right hand needle without knitting it
- **RS** : right side of work facing you
- **WS** : wrong side of work facing you
- **LH** : left hand

Pattern notes

Border Pattern: *Linen Ridge*

- Row 1 (RS) : (K1, wyif, slip 1, return the yarn back to back of work), repeat to last stitch, K1
- Row 2 (WS) : Purl
- Row 3 (RS) : K1, (K1, wyif, slip 1), repeat to end of row
- Row 4 (WS) : Purl

Body Pattern: *Purl Ridges*

- **Row 1** (RS) : Knit
- **Row 2** (WS) : Purl
- **Row 3** (RS) : (K1, P1) across row
- **Row 4** (WS) : Purl

Method

- Cast on 69 stitches
- **Row 1**: Purl (WS)
- **Row 2** (RS) : (K1, wyif, slip 1, return the yarn back to back of work), repeat to last stitch, K1
- **Row 3** (WS) : Purl
- **Row 4** (RS) : K1, (K1, wyif, slip 1), repeat to end of row
- **Row 5** (WS) : Purl
- **Rows 6–13**: Repeat rows 2–5
- **Row 14** (RS) : (K1, wyif, slip 1) 4 times. K 53. (wyif, slip 1, K1) 4 times

- **Row 15** (WS) : Purl
- **Row 16** (RS): K1, (K1, wyif, slip 1) 3 times, K1. (K1, P1) to last 9 sts. K1 (K1, wyif, slip 1) 3 times, K2
- **Row 17** (WS) : Purl
- Repeat rows 14–17 until you get to a length of about 7 cm / 3" from the desired final length.
- Knit 12 rows of the *Linen Ridge* border pattern (ie Rows 2–13 as written above).
- Bind off. A nice one is K1, (slip stitch back to LH needle, K2tog), repeat to end. Cut yarn, and pull tail through last stitch.
- Darn in all those ends!
- Block if so desired, then snuggle up with it and a loved one on the couch and stay cosy warm all winter!

Twinkle Little Star Blanket

Measurements

Approx 38½" x 46" [98 x 117 cm].

BernatR Baby Coordinates™ (140 g/5 oz)

Main Color (MC): 2 balls (White)

Contrast A: 1 ball (Yellow)

Contrast B: 1 ball (Blue)

Size 4 mm (U.S. G/6) crochet hook **or size needed to obtain gauge.**

Gauge

1 square = 7½" [19 cm].

Instructions

Star Square

(make 15). With MC, ch 33.

Foundation Row: RS). 1 dc in 4th ch from hook. 1 dc in each ch to end of ch. 31 dc.

2nd Row: Ch 3. 1 dc in each of next 6 dc. Ch 1. Miss next dc. 1 dc in each of next 15 dc. Ch 1. Miss next dc. 1 dc in each dc to end of row. Rows 1 and 2 of chart are complete. Beg with row 3, work chart to end of chart readings rows from right to left and WS rows from left to right, noting each row ends with ch 3. Turn. Omit turning ch at end of last row. Fasten off.

Plain Square (make 8 with A; make 7 with B).

Ch 33.

Foundation Row: RS). 1 dc in 4th ch from hook. 1 dc in each ch to end of ch. 31 dc. Ch 3. Turn.

2nd Row: Miss first dc. 1 dc in each dc to end of row. Ch 3. Turn. Rep last row 12 times more omitting turning ch at end of last row (14 rows total). Fasten off.

Following photo for placement, join squares into 5 strips, 6 squares long alternating Star Square with Plain Square A or B as shown.

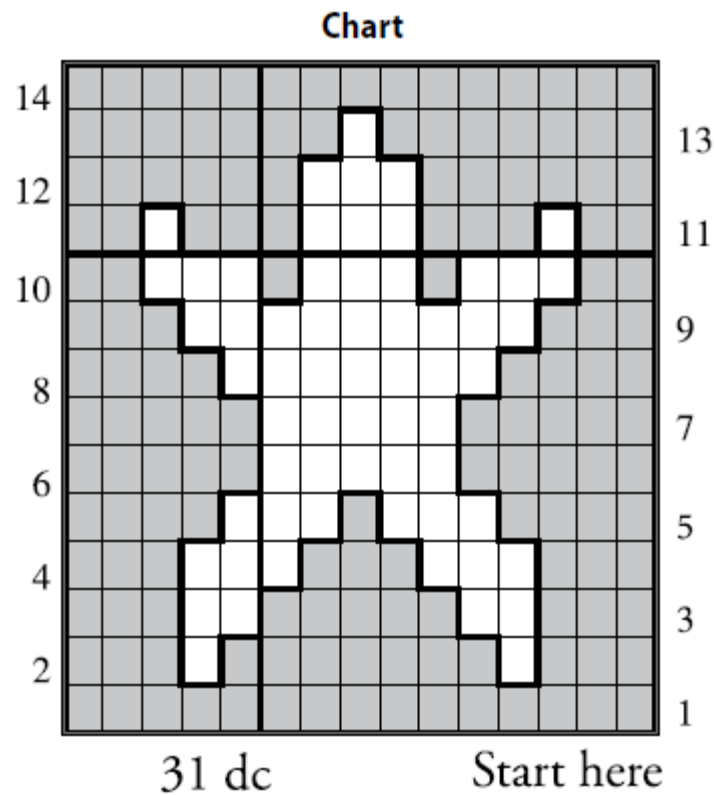


Edging: 1st rnd : With RS of work facing and MC, join yarn with sl st in any corner. Ch 1. Work 1 rnd sc evenly around Blanket working 3 sc in corner sc. Join with sl st to first sc. Fasten off.

2nd rnd: Join A with sl st in any corner sc of previous rnd. Ch 3. 1 dc in each sc around working 3 dc in corner sc. Sl st to top of ch 3. Fasten off.

3rd rnd: Join MC with sl st in any corner dc of previous rnd. Ch 1. 1 sc in each dc around working 3 sc in corner dc. Sl st to first sc. Fasten off.

4th rnd: Join B with sl st in any corner sc of previous rnd. Ch 3. 1 dc in each sc around working 3 dc in corner sc. Sl st to top of ch 3. Fasten off.



http://com.yarnspirations.pattern-pdfs.s3.amazonaws.com/Bernat_BabyCoordinates003_cr_blanket.en_US.pdf

BERNAT BABY COORDINATES SWEET STRIPES – PURPLE KNIT BLANKET

Measurements: Approx 28 x 28 ins [71 x 71 cm].

Materials: Bernat Baby Coordinates Sweet Stripes (150 g/ 5.25 oz.)
09318 (Grape Stripes) 2 balls

Size 5 mm (U.S.8) circular knitting needle 24 ins [60cm] long or size needed to obtain gauge.

GAUGE: 19 sts and 38 rows = 4 ins [10cm] in garter st.

INSTRUCTIONS:

Cast on 4 sts. Do not join. Working back and forth across needle in rows, proceed as follows:

1st row: (WS). Knit.

2nd row: (Inc row), K2, yfwd. K2tog. Knit to end of row. Rep last row until there are 190 sts.

Next row: (RS). L2. Yfwd. K2tog. Yfwd. K2tog. Knit to end of row. Rep last row until there are 4 sts.

Next row: (RS). Knit. Cast off.



BERNAT BABY BUBBLES **ZIG ZAG LACE BLANKET (to knit)**

Measurements: Approx 35 ins [89 cm] wide by 40 ins [101.5 cm] long.

Materials: Bernat Baby Bubbles (70 g/ 2.4 oz.)
75714 (Bubblicious) 7 balls

Size 6 mm (U.S.10) circular knitting needle 24 ins [60cm]
long or size needed to obtain gauge.

GAUGE: 14 sts and 19 rows = 4 ins [10cm] in
stocking st.

INSTRUCTIONS:

Cast on 94 sts.

Knit 3 rows, noting 1st row in WS and inc. 12 sts evenly
across last row. 106 sts

1st row: (RS). K4. *K2 tog. Yfwd. Rep from
*to last 4 sts. K4.

2nd and alt row: K3. Purl to last 3 sts. K3.

3rd row: K5. *K2tog.yfwd. Rep from * to last
5 sts. K5.

5th and 9th rows: As 1st row.

7th and 11th rows: As 3rd row.

13th row: As 1st row

15th row: K1. *yfwd. S11. K1. Psso. Rep from * to lasr st. K1.

17th row: K2. *yfwd. S11. K1 psso. Rep from *to last 2 sts. K2.

19th and 23rd rows: As 15th row.

21st and 25th rows: As 17th row.

27th row: As 15th row.

28th row: K3. Purl to last 3sts. K3.

These 28 rows form Zig-Zag lace pat.

Continue in pat until work from beginning measures approx. 39 ins [99 cm], ending on 14th or 28th
row of pat.

Next row: Knit, dec 12 sts evenly across. 94 sts. Knit 2 rows. Cast off knitwise (WS).

