Mount Sinai Hospital
Sinai Health System
Joseph & Wolf Lebovic
Health Complex

Volunteer Resources
Level 1- Room 023, 60 Murray St.
Toronto, ON, M5T 3L9
T: 416-586-4800 ext. 8200

Updated 2019

Dear Volunteer Knitter,

We would like to express our gratitude for your ongoing efforts to provide beautiful knitted goods for our patients.

In our efforts to make the best use of your valuable time and generosity, we would like to request that you create only the items listed below that we have supplied patterns for – we can only accept items as space permits.

Bereavement Gowns:

- ❖ Please note the following requirements **-** must be solid white (preferred) or pale pastel in colour, must be made from baby yarn or soft fabric only please (no crochet, no thick material).

Flannel Squares (not a knitted item, no pattern – 5" by 5" squares):

- ❖ These squares allow parents of babies in the NICU to bond with their child when they cannot be there. Parents hold the cloth against their skin so it absorbs their personal scent, then the cloths are placed inside the incubator to the child can become familiar with their parent's scent.

As always, thank you so much for your generous donations and time, you are very much a part of the excellent care we give at Mount Sinai Hospital.

Sincerely,

Volunteer Resources

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Tiny Angel Gown

Submitted by Christine M Woolley

Many thanks to Chris for this little burial gown pattern with cap sleeves and eyelet swirled yoke. This gown will fit a tiny angel up to an approximately weight of 1lb and a length of 6" (15cms).

25 g white 4 ply yarn
3.25 mm needles
60 cms (24") narrow white ribbon
To fit chest 18 cms (7")
Approx. Length 20 cms (8")
Tension 28 sts and 36 rows = 4" (10 cms)

Begin at the neck edge and cast on 27 stitches loosely.

Rows 1 to 4 : Knit.
Row 5: K4, (k2, yfwd) 8 times, k7. (35 sts)
Row 6: K4, purl to last 4 sts, k4.
Row 7: K4, (k3, yfwd) 8 times, k7. (43 sts)
Row 8: K4, purl to last 4 sts, k4.
Keeping the 4 stitches at each end of each row in garter st, continue in stocking stitch, increasing as set, until there are 75 stitches. The last increase row will be:
Row 15: K4, (k7, yfwd) 8 times, k7. (75 sts)
Row 16: Knit.
Row 17: Knit.
Row 18: Knit
Row 19: K11, cast off 15, k22, cast off 15, k10. (45 sts)
Row 20: K4, purl to last 4 sts, k4.
Row 21: Knit.
Row 22: K4, purl to last 4 sts, k4.
Row 23: K4, m1, by picking up the loop between the last and next stitches and knitting into the back of it, (k1, m1) to last 4 sts, k4. (83 sts)

Continue in st st with garter st borders until work measures approx. 7½" from cast on. (51 rows st st)
Work 5 rows garter st. Cast off.

Cut the ribbon into 4 pieces and sew 2 pieces on either side of back edges at the neck and bottom of the yoke.

Variations:

A small pattern can be used on the skirt but please avoid lacy patterns unless you are going to line it.
A ribbon rose or other small embellishment may be added.
White is the preferred color but other pastels could be used.

Jenny's Tiny Knitted Burial Gown

This gown is knitted in 4-ply wool using 3.25mm needles. Begin at the neck edge and cast on 24 stitches loosely (this is important, to allow a little give at the neck edge).

Knit one row.

Next row: K1 yfwd K2tog repeat to end of row [please note if you prefer to sew ties at neck instead of threading ribbon through the holes then omit this row]

Next row: k, placing markers for the increases to shape the bodice, as follows: K4, place marker, K4, place marker, K8, place marker, K4, place marker, K4.

Next row: Begin increases: K3, [inc. in next stitch] twice, K2, [inc. in next stitch twice], K6, [inc. in next stitch] twice, K2, [inc. in next stitch] twice, K3.

Next row: K2, P to last 2 sts, K2

Keeping the 2 stitches at each end of the row knit, continue in stocking stitch, increasing into the stitches either side of the marker, as set, until there are 72 stitches. The last increase row will be:

K8, [inc. in next stitch] twice, K12, [inc. in next stitch] twice, K16, [inc. in next stitch] twice, K12, [inc. in next stitch] twice, K8.

Next row: K2, P68, K2

Next row: K10, [yfwd K2tog] 8 times, K20, [yfwd K2tog] 8 times, K10.

Next row: K2, P68, K2

Next row: K10, cast off 16, K19, cast off 16, K to end [40 sts]

Continue with the skirt by working straight across these stitches

[Please note the next 3 rows to be used if you want to thread ribbon through holes]

Next row: Knit

Next row: K1 yfwd K2tog, * K2 yfwd K2tog repeat from * to last stitch K1

Next row: Knit

[If you prefer to sew ties at waist then omit last three rows and your next row will be K2, P36, K2

Next row: Knit into front and back of every stitch [80 sts.]

1st pattern row: k4, P72, K4

2nd pattern row: k4, *[K2tog] 3 times, [yfwd, K1] 6 times, [K2tog] 3 times, repeat from

* to last 4 sts, K4

3rd pattern row: Knit

4th pattern row: Knit

Repeat these 4 pattern rows [or a pattern of your choice] until the skirt measures 5 inches.

Work 3 rows knit Cast off.

Cuddles Knitted Burial Gown

This gown needs to be worked in either 3 ply, or 4 ply. It can be worked on 3mm or 3.25mm needles, whichever you prefer – the only difference it will make is to affect the size slightly.

Begin at the neck edge and cast on 30 stitches loosely [this is important, to allow a little give at the neck edge] .

Knit one row.

Next row: k, placing markers for the increases to shape the bodice, as follows: k5, place marker, k5, place marker, k10, place marker, k5, place marker, k5.

Next row: Begin increases: k4, [inc. in next stitch] twice, k3, [inc. in next stitch] twice, k8, [inc. in next stitch] twice, k3, [inc. in next stitch] twice, k4

Next row: k2, p to last 2 sts, k2

Keeping the 2 stitches at each end of the row knit, continue in stocking stitch, increasing into the stitches either side of the marker, as set, until there are 86 stitches. The last increase row will be:

K10, [inc. in next stitch] twice, k15, [inc. in next stitch] twice, k20, [inc. in next stitch] twice, k15, inc. in next stitch] twice, k 10.

Next row: k2, p82, k2

Next row: k12, [yfwd k2tog] 10 times, k23, [yfwd k2tog] 10 times, k11

Next row: k2, p82, k2

Next row: k12, cast off 19, k23, cast off 19, k to end [48 sts]

Continue with the skirt by working straight across these stitches

Next row: k2, p44, k2

Next row: Knit into front and back of every stitch [96 sts]

1st pattern row: k3, p90, k3

2nd pattern row: k3, *[k2tog] 3 times, [yfwd, k1] 6 times, [k2tog] 3 times, rep from

* to last 3 sts, k3

3rd pattern row: Knit

4th pattern row: Knit

Repeat these 4 pattern rows [or a pattern of your choice until the skirt measures 7"/18cm

Work 3 rows knit. Cast off.

Add a tie to the neck edge, and at the base of the bodice to finish off